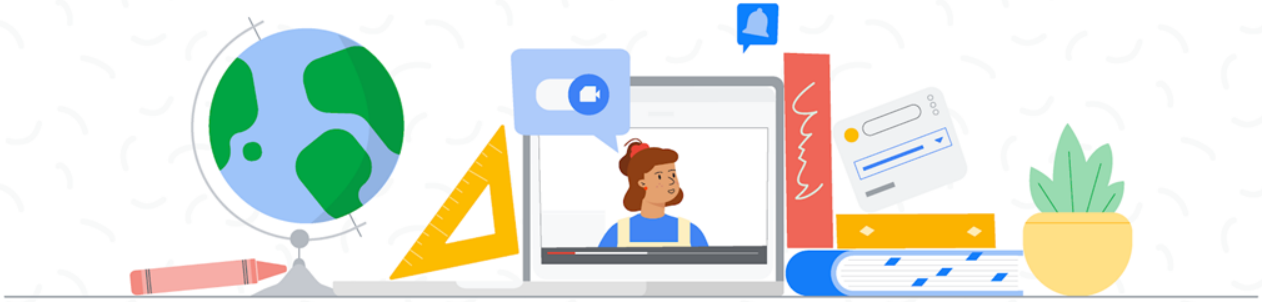
Google for Education

Aprendizaje socioemocional con tecnología: tendencias de hoy y mañana



Alejandro Almazán Zimerman

Líder de Google for Education

México, Centroamérica y el Caribe

Google for Education

Tendencia en la educación del futuro (ya presente)

Responsabilidad digital

Pensamiento computacional

Aulas colaborativas

Pedagogía innovadora

Destrezas vitales y preparación para el trabajo

Aprendizaje socioemocional

Lazos entre padres/tutores y colegios

Tecnologías emergentes

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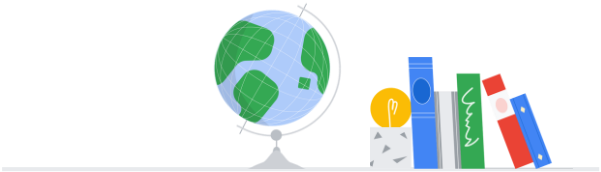
“La clave para transformar la educación no es estandarizarla, sino **personalizarla**, construir logros en el descubrimiento de los talentos **individuales** de cada aprendiz, poner a los aprendices en un entorno donde quieran aprender y donde puedan descubrir naturalmente sus verdaderas **pasiones**.”

Sir Ken Robinson



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¿Por qué es importante el aprendizaje socioemocional?

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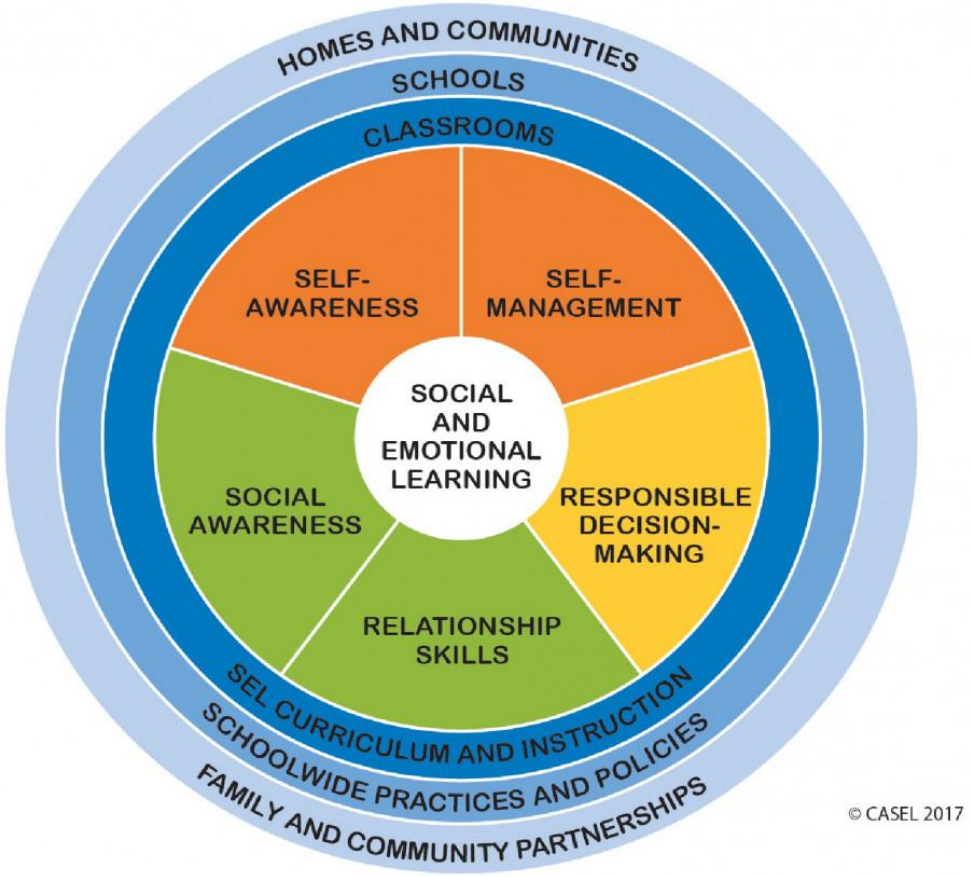
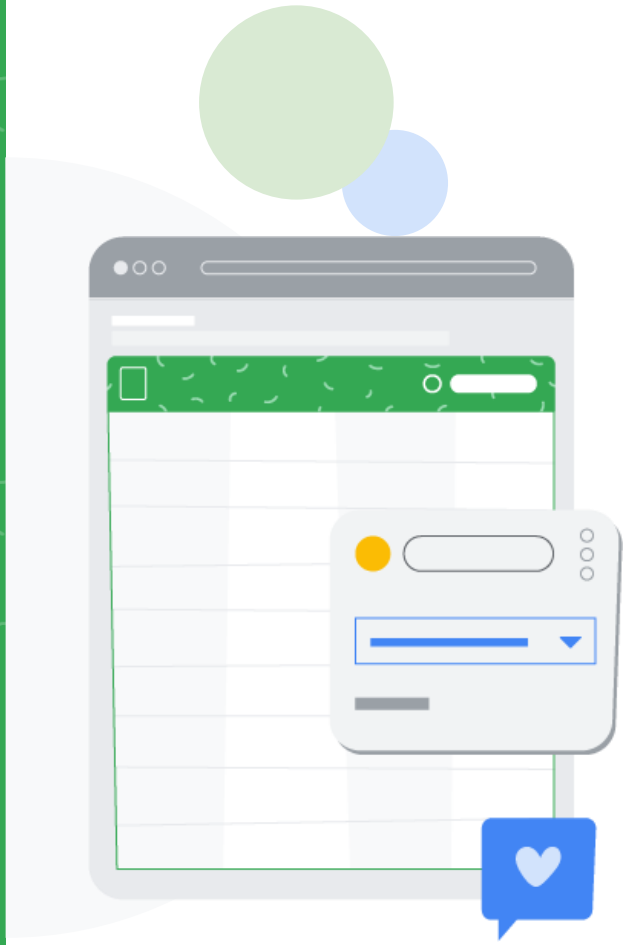


Aprendizaje socioemocional con uso de tecnología



Google for Education

Da oportunidades para la autogestión

Plantillas de Google Docs para horarios y listas

Auto-gestión

- Establecer metas
- Habilidades de organización
- Auto-disciplina
- Motivación personal

My To Do List

File Edit View Insert Format Tools Add-ons Help Last edit was seconds ago

My To Do List

Morning

Task	Big or Small?	Time Completed	Reflection: How did I do?

Afternoon

Task	Big or Small?	Time Completed	Reflection: How did I do?

Assignment

Saved

Assign

Title

Reflection reminder

Instructions (optional)

Reflect on how your day is going so far! Complete this check in form to get focused!

Add

Create

Schedule assignment

Mar 24, 2020

8:00 AM

Cancel

Schedule

For

My Class

All students

Points

100

Due

No due date

Topic

No topic

Rubric

Rubric

Originality reports

Learn more

Goo

Diario de reflexiones

Tener un espacio para que los alumnos (y profesores) puedan reflexionar

Auto-consciencia

- Percepción propia atinada
- Confianza en sí mismo
- Eficacia en las actividades

Blogger

Distance Learning ... · Post

Reflecting on distance learning

Posting as JennieMagiera

Publish | Save | Preview | Close

Compose | HTML

Normal

Link

Today I tried distance learning for the first time! It was fun and also challenging. I thought this because

Post settings

Labels

Schedule

Permalink

Location

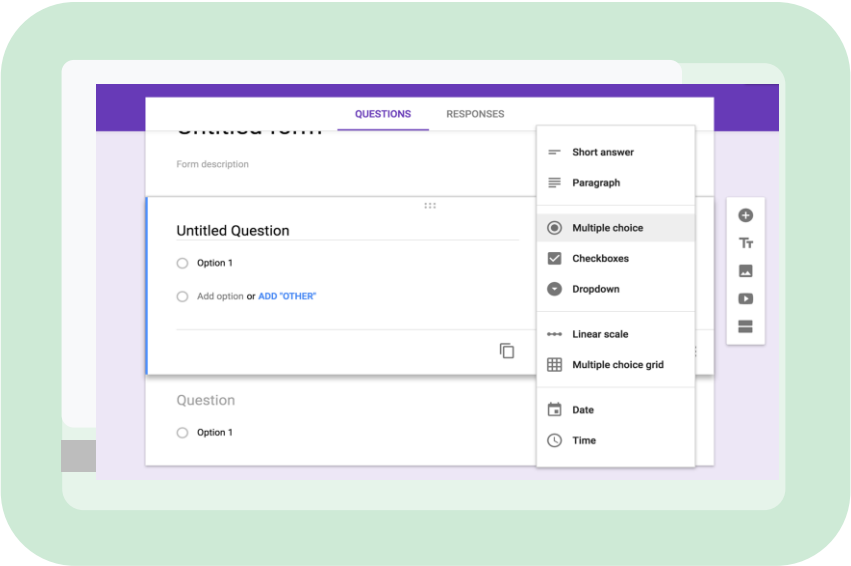
Options

Análisis de las emociones

Utiliza Google Forms para analizar los sentimientos del grupo

Auto-consciencia y auto-control

- Identificar emociones
- Percepción propia



:) Mood Check In :)

* Required

Name *

Your answer

How do you feel today? *

- happy, thrilled
- excited, energized
- proud, beaming
- chill, relaxed, calm
- tired, sleepy
- nervous, scared
- sorrowful, sad, morose
- irate, angry

Why do you feel this way? *

Your answer

Create one goal for today *

Your answer

Teacher Conference? *

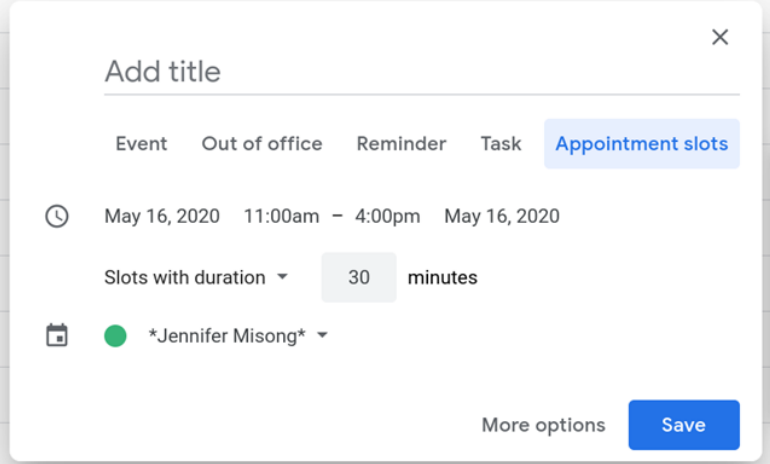
How do you feel today?	Why do you feel this way?	Create one goal for today	Teacher Conference?
nervous, scared	Because my cousin got jumped by a group of boys.	I'm going to use the new vocabulary word and use it in a very great sentence.	No
tired, sleepy	I feel this way because I didn't get no sleep	one goal for my day is to stay on eagle	No
happy, thrilled, excited, energized, proud, beaming	I have not been late or absence since the first day of school and that makes me feel good.	my goal for today is to get on eagle and stay on eagle	No
tired, sleepy, nervous, scared, irate, angry	I wasup all night then had to walk to school. I'm hungry now.	togethappy	Yes
happy, thrilled, chill, relaxed, calm	I'm going too get my homework done	Too do all my homework	Yes
happy, thrilled	I had fun this weekend	be nice	No

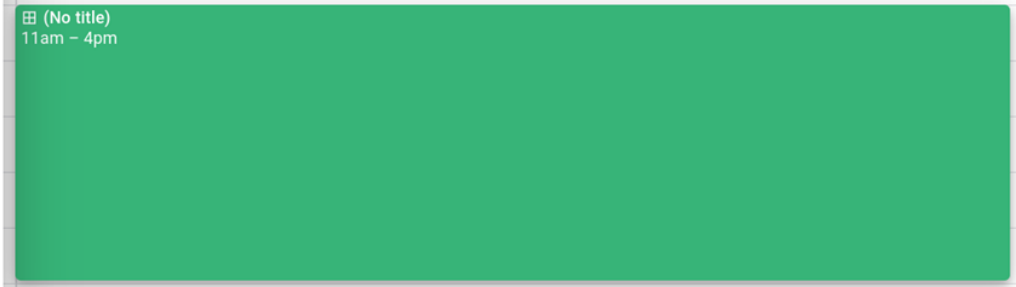
Espacios para revisión 1:1

Mantén una cultura del aula a través de rutinas digitales

Auto-consciencia y habilidades de relaciones

- Comunicación
- Compromiso social
- Construcción de relaciones


Add title
Event
Out of office
Reminder
Task
Appointment slots
May 16, 2020 11:00am – 4:00pm May 16, 2020
Slots with duration
30
minutes
Jennifer Misong
More options
Save


(No title)
11am – 4pm

Google Calendar

Click on an open appointment slot to sign up. If no slots are available, please try a different time range. To cancel ar appointment slot you've already booked, leave this sign-up page and delete the event from your own calendar.

Today | Saturday, May 16, 2020 | Refresh | Day | Week

Saturday 5/16

11am	Office Hours
	Office Hours
12pm	Office Hours
	Office Hours
1pm	Office Hours
	Office Hours
2pm	Office Hours
	Office Hours
3pm	Office Hours
	Office Hours
4pm	

Google for Education

Tarjetas de emociones

Dar oportunidades para discutir emociones

Habilidades de relaciones

- Identificar emociones
- Comunicación
- Compromiso social
- Construcción de relaciones

Pasos:

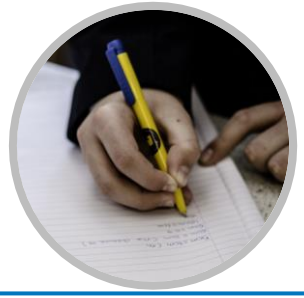
1. Crear tarjetas de emociones/sentimientos
2. Pregunta: ¿**Qué** están sintiendo?
3. Pregunta: ¿**Cuándo** comenzó?
4. Pregunta: ¿**Quién** puede ayudarte a solucionarlo?

Notas de Gratitud

Procesa la ansiedad y practica la plática positiva

Auto-conocimiento y autogestión

- Identificar emociones
- Reconocer fortalezas
- Manejo del estrés
- Auto-disciplina

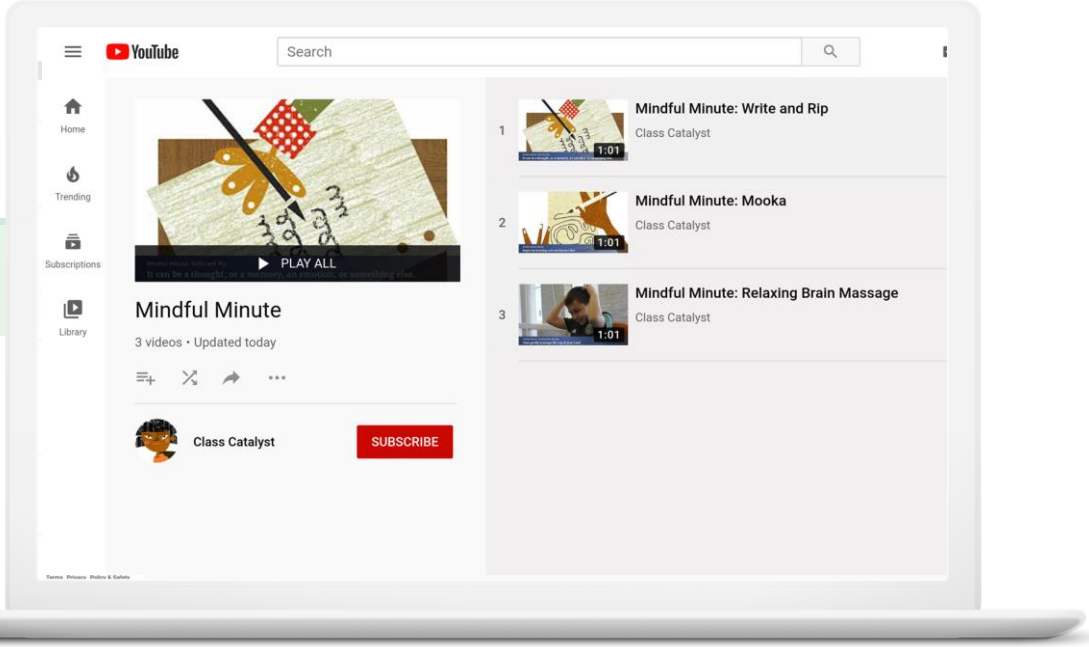


Pasos:

1. Escribe lo que está causando tu estrés y ansiedad
2. Leelo
3. Toma tres respiraciones profundas
4. Rómpelas
5. Toma tres respiraciones profundas
6. Escribe una nota de gratitud
7. Ponla en algún lugar donde puedas verla

Crea un canal de Youtube

Cura y selecciona tus estrategias de SEL y bienestar favoritas



Por ejemplo:
bit.ly/MindfulMinutes

En tiempos de cambio…

“No es el grande el que se come al pequeño, es el rápido el que se come al lento”

JASON JENNINGS; LAURENCE HAUGHTON

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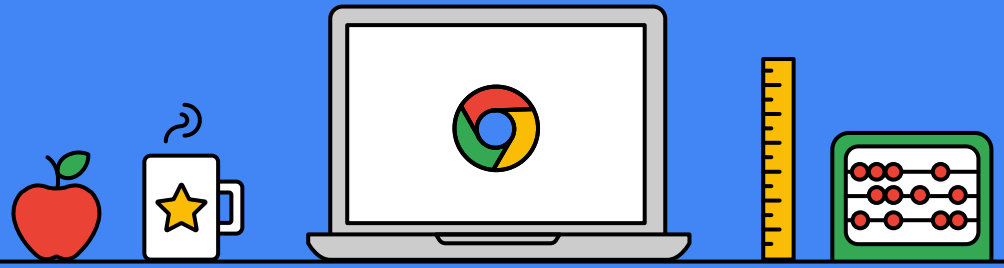
¿Qué práctica relacionada al **aprendizaje socioemocional** has implementado en el aula?

Gracias